

MADRID_V JORNADA FONDO MASTER 19-20_ACTA 053
ALCOBENDAS_MADRID HORA COMIENZO: 17.15 (calentamiento 16.30 horas) SÁBADO, 18/1/2020

Prueba 1
18/01/2020

Fem., 1500m Libre

20 años y mayores
Resultados

Clas. Nombre Año Club Marca

20+

DQ MARTIN REVILLA, Sonia 99 00417 - C.N. Coslada

25+

1. MARTINEZ LISTE, Claudia 95 01578 - C.N.T. Barajas **25:07.54**

50m:	40.66	300m:	4:40.72	550m:	8:53.78	800m:	13:09.52	1050m:	17:25.98	1300m:	21:46.22
100m:	1:25.48	350m:	5:30.86	600m:	9:44.75	850m:	13:59.97	1100m:	18:18.05	1350m:	22:37.74
150m:	2:13.44	400m:	6:21.72	650m:	10:35.81	900m:	14:51.30	1150m:	19:10.23	1400m:	23:29.86
200m:	3:01.23	450m:	7:12.67	700m:	11:27.53	950m:	15:41.74	1200m:	20:01.72	1450m:	24:20.48
250m:	3:50.61	500m:	8:04.05	750m:	12:18.86	1000m:	16:33.62	1250m:	20:54.22	1500m:	25:07.54

30+

1. GARCIA CERVANTES, Laura 89 00636 - C.N. Alcobendas **22:01.38**

50m:	38.74	300m:	4:17.31	550m:	7:58.84	800m:	11:41.62	1050m:	15:24.68	1300m:	19:06.41
100m:	1:21.74	350m:	5:01.74	600m:	8:43.36	850m:	12:26.62	1100m:	16:08.95	1350m:	19:50.90
150m:	2:05.49	400m:	5:45.74	650m:	9:27.77	900m:	13:11.24	1150m:	16:53.48	1400m:	20:35.30
200m:	2:49.20	450m:	6:30.04	700m:	10:12.38	950m:	13:50.70	1200m:	17:37.69	1450m:	21:19.05
250m:	3:30.05	500m:	7:14.28	750m:	10:57.05	1000m:	14:40.24	1250m:	18:21.70	1500m:	22:01.38

35+

1. CALLEJA AGUAYO, María 84 01571 - C.N. Mako Carabanchel **20:47.00**

50m:	36.23	300m:	4:03.34	550m:	7:35.00	800m:	11:06.80	1050m:	14:38.13	1300m:	18:07.01
100m:	1:16.22	350m:	4:45.68	600m:	8:17.45	850m:	11:49.51	1100m:	15:19.98	1350m:	18:48.96
150m:	1:57.37	400m:	5:27.80	650m:	8:59.99	900m:	12:31.58	1150m:	16:02.18	1400m:	19:24.39
200m:	2:39.23	450m:	6:10.23	700m:	9:42.06	950m:	13:13.87	1200m:	16:43.57	1450m:	20:08.76
250m:	3:21.31	500m:	6:52.89	750m:	10:24.72	1000m:	13:56.36	1250m:	17:25.20	1500m:	20:47.00

40+

1. BENEYTO VIZUETE, Carolina 78 00053 - Real Canoe N.C. **18:45.86**

50m:	33.62	300m:	3:38.10	550m:	6:47.80	800m:	9:57.04	1050m:	13:07.05	1300m:	16:15.59
100m:	1:09.77	350m:	4:16.50	600m:	7:25.54	850m:	10:34.98	1100m:	13:44.32	1350m:	16:53.60
150m:	1:46.00	400m:	4:54.30	650m:	8:03.32	900m:	11:12.05	1150m:	14:22.12	1400m:	17:31.30
200m:	2:23.76	450m:	5:32.18	700m:	8:41.44	950m:	11:50.58	1200m:	15:00.05	1450m:	18:09.00
250m:	3:01.02	500m:	6:09.81	750m:	9:19.36	1000m:	12:29.98	1250m:	15:37.11	1500m:	18:45.86

MADRID_V JORNADA FONDO MASTER 19-20_ACTA 053
ALCOBENDAS_MADRID HORA COMIENZO: 17.15 (calentamiento 16.30 horas) SÁBADO, 18/1/2020

Prueba 1, Fem., 1500m Libre, 40+

Clas.	Nombre	Año	Club	Marca		
2.	MARTIN-ALONSO JORGE, Raquel	76	00636 - C.N. Alcobendas	23:08.08		
	50m: 41.89	300m: 4:33.72	550m: 8:28.84	800m: 12:22.81	1050m: 16:15.75	1300m: 20:08.64
	100m: 1:27.10	350m: 5:20.72	600m: 9:15.65	850m: 13:09.78	1100m: 17:02.28	1350m: 20:54.39
	150m: 2:13.34	400m: 6:07.78	650m: 10:02.16	900m: 13:56.10	1150m: 17:49.12	1400m: 21:40.28
	200m: 2:59.96	450m: 6:55.12	700m: 10:48.82	950m: 14:42.75	1200m: 18:35.41	1450m: 22:25.72
	250m: 3:46.57	500m: 7:42.18	750m: 11:35.70	1000m: 15:29.26	1250m: 19:21.89	1500m: 23:08.08

45+

1.	GUERVOS PINZON, Maria Eugenia	71	00561 - C.N. Tres Cantos	20:55.21		
	50m: 37.33	300m: 4:03.56	550m: 7:33.39	800m: 11:04.46	1050m: 14:34.44	1300m: 18:06.83
	100m: 1:17.77	350m: 4:45.50	600m: 8:15.98	850m: 11:46.83	1100m: 15:17.81	1350m: 18:49.18
	150m: 1:58.69	400m: 5:27.31	650m: 8:58.12	900m: 12:29.26	1150m: 16:00.39	1400m: 19:31.70
	200m: 2:39.86	450m: 6:09.18	700m: 9:40.20	950m: 13:11.92	1200m: 16:42.07	1450m: 20:13.84
	250m: 3:21.78	500m: 6:51.31	750m: 10:22.33	1000m: 13:54.31	1250m: 17:24.00	1500m: 20:55.21

Prueba 2
18/01/2020

Masc., 1500m Libre

20 años y mayores
Resultados

Clas.	Nombre	Año	Club	Marca		
20+						
1.	PINELA GOYA, Iker	99	01571 - C.N. Mako Carabanchel	21:04.93		
	50m: 36.27	300m: 4:00.43	550m: 7:29.08	800m: 10:59.26	1050m: 14:34.77	1300m: 18:14.06
	100m: 1:15.00	350m: 4:41.95	600m: 8:10.70	850m: 11:41.00	1100m: 15:18.10	1350m: 18:58.03
	150m: 1:56.06	400m: 5:23.16	650m: 8:53.00	900m: 12:29.12	1150m: 16:02.57	1400m: 19:42.08
	200m: 2:37.70	450m: 6:05.39	700m: 9:35.29	950m: 13:08.95	1200m: 16:46.37	1450m: 20:27.48
	250m: 3:19.23	500m: 6:47.43	750m: 10:18.12	1000m: 13:52.13	1250m: 17:29.32	1500m: 21:04.93

25+

1.	ESCANDELL HERNÁNDEZ, Santiago	93	01571 - C.N. Mako Carabanchel	19:00.79		
	50m: 32.58	300m: 3:40.52	550m: 6:53.79	800m: 10:06.66	1050m: 13:18.77	1300m: 16:30.41
	100m: 1:08.02	350m: 4:19.28	600m: 7:32.04	850m: 10:44.83	1100m: 13:57.76	1350m: 17:08.16
	150m: 1:45.20	400m: 4:58.16	650m: 8:10.73	900m: 11:23.41	1150m: 14:35.69	1400m: 17:46.96
	200m: 2:23.33	450m: 5:37.41	700m: 8:49.20	950m: 12:01.72	1200m: 15:14.02	1450m: 18:24.97
	250m: 3:02.09	500m: 6:16.71	750m: 9:28.16	1000m: 12:40.67	1250m: 15:51.98	1500m: 19:00.79
2.	MORENILLA ALONSO, Marco Antonio	91	00636 - C.N. Alcobendas	21:32.11		
	50m: 40.07	300m: 4:11.05	550m: 7:43.75	800m: 11:19.74	1050m: 14:58.74	1300m: 18:38.36
	100m: 1:21.69	350m: 4:53.44	600m: 8:26.34	850m: 12:03.34	1100m: 15:42.61	1350m: 19:22.50
	150m: 2:04.12	400m: 5:36.19	650m: 9:09.48	900m: 12:47.36	1150m: 16:26.25	1400m: 20:06.34
	200m: 2:46.28	450m: 6:18.63	700m: 9:52.67	950m: 13:30.86	1200m: 17:10.50	1450m: 20:49.98
	250m: 3:28.67	500m: 7:01.04	750m: 10:35.88	1000m: 14:14.54	1250m: 17:54.81	1500m: 21:32.11

MADRID_V JORNADA FONDO MASTER 19-20_ACTA 053
ALCOBENDAS_MADRID HORA COMIENZO: 17.15 (calentamiento 16.30 horas) SÁBADO, 18/1/2020

Prueba 2, Masc., 1500m Libre

30+

1.	GONZALEZ DE EUSEBIO, Javier	87	00417 - C.N. Coslada	21:11.78							
50m:	39.34	300m:	4:08.63	550m:	7:39.93	800m:	11:11.95	1050m:	14:45.92	1300m:	18:21.08
100m:	1:20.70	350m:	4:50.72	600m:	8:22.72	850m:	11:54.49	1100m:	15:29.02	1350m:	19:04.34
150m:	2:02.34	400m:	5:32.88	650m:	9:05.15	900m:	12:36.81	1150m:	16:11.99	1400m:	19:47.38
200m:	2:44.22	450m:	6:15.16	700m:	9:47.22	950m:	13:19.82	1200m:	16:55.02	1450m:	20:30.27
250m:	3:26.38	500m:	6:57.84	750m:	10:29.61	1000m:	14:02.77	1250m:	17:37.92	1500m:	21:11.78

40+

1.	CANTADOR MARINA, Juan	78	00150 - C.N. Jimenez	20:29.87							
50m:	35.71	300m:	3:56.68	550m:	7:24.13	800m:	10:52.24	1050m:	14:19.66	1300m:	17:46.45
100m:	1:14.64	350m:	4:37.83	600m:	8:05.89	850m:	11:33.73	1100m:	15:00.13	1350m:	18:27.65
150m:	1:54.31	400m:	5:19.51	650m:	8:47.24	900m:	12:14.95	1150m:	15:41.90	1400m:	19:09.26
200m:	2:34.82	450m:	6:01.20	700m:	9:29.12	950m:	12:56.50	1200m:	16:23.56	1450m:	19:50.13
250m:	3:15.54	500m:	6:42.70	750m:	10:10.64	1000m:	13:37.93	1250m:	17:05.05	1500m:	20:29.87

2.	OMANA PISANU, Oscar Alberto	78	01121 - C.N. Colmenar Viejo	20:56.25							
50m:	35.84	300m:	3:58.79	550m:	7:27.99	800m:	10:57.51	1050m:	14:29.92	1300m:	18:05.54
100m:	1:15.14	350m:	4:40.13	600m:	8:09.79	850m:	11:39.71	1100m:	15:12.10	1350m:	18:48.90
150m:	1:55.08	400m:	5:22.30	650m:	8:51.20	900m:	12:22.09	1150m:	15:55.46	1400m:	19:31.36
200m:	2:35.63	450m:	6:04.02	700m:	9:32.95	950m:	13:04.26	1200m:	16:38.31	1450m:	20:14.85
250m:	3:16.90	500m:	6:46.08	750m:	10:14.82	1000m:	13:46.87	1250m:	17:22.25	1500m:	20:56.25

45+

1.	CABRERA PERONA, Javier	75	00636 - C.N. Alcobendas	19:27.70							
50m:	36.08	300m:	3:56.43	550m:	7:14.94	800m:	10:30.13	1050m:	13:43.76	1300m:	16:57.55
100m:	1:16.01	350m:	4:35.99	600m:	7:54.28	850m:	11:08.85	1100m:	14:22.68	1350m:	17:35.99
150m:	1:56.32	400m:	5:16.13	650m:	8:33.44	900m:	11:47.49	1150m:	15:01.44	1400m:	18:13.82
200m:	2:36.62	450m:	5:55.68	700m:	9:12.43	950m:	12:26.22	1200m:	15:40.26	1450m:	18:51.55
250m:	3:16.70	500m:	6:35.49	750m:	9:51.32	1000m:	13:04.76	1250m:	16:19.13	1500m:	19:27.70

2.	GARCIA MOYANO, Oscar	71	00561 - C.N. Tres Cantos	20:34.30							
50m:	35.77	300m:	3:55.25	550m:	7:21.46	800m:	10:48.56	1050m:	14:22.74	1300m:	17:53.81
100m:	1:14.29	350m:	4:35.79	600m:	8:02.70	850m:	11:31.29	1100m:	15:06.26	1350m:	18:33.84
150m:	1:54.23	400m:	5:16.48	650m:	8:43.79	900m:	12:13.77	1150m:	15:49.61	1400m:	19:15.01
200m:	2:34.45	450m:	5:58.31	700m:	9:25.12	950m:	12:56.57	1200m:	16:30.45	1450m:	19:55.49
250m:	3:14.64	500m:	6:40.43	750m:	10:06.74	1000m:	13:39.78	1250m:	17:12.09	1500m:	20:34.30

3.	GUTIERREZ TALLEDO, Pablo	71	00053 - Real Canoe N.C.	21:21.29							
50m:	37.50	300m:	4:09.62	550m:	7:44.54	800m:	11:20.30	1050m:	14:54.36	1300m:	18:31.28
100m:	1:18.76	350m:	4:52.34	600m:	8:27.54	850m:	12:07.73	1100m:	15:37.88	1350m:	19:14.27
150m:	2:00.75	400m:	5:35.44	650m:	9:10.54	900m:	12:44.51	1150m:	16:21.68	1400m:	19:57.04
200m:	2:43.21	450m:	6:18.60	700m:	9:54.31	950m:	13:27.31	1200m:	17:04.73	1450m:	20:39.48
250m:	3:26.65	500m:	7:01.79	750m:	10:37.55	1000m:	14:10.84	1250m:	17:47.94	1500m:	21:21.29

MADRID_V JORNADA FONDO MASTER 19-20_ACTA 053
ALCOBENDAS_MADRID HORA COMIENZO: 17.15 (calentamiento 16.30 horas) SÁBADO, 18/1/2020

Prueba 2, Masc., 1500m Libre, 45+

Clas.	Nombre	Año	Club	Marca		
4.	GARCIA MARTIN, Carlos	73	00053 - Real Canoe N.C.	28:31.92		
	50m: 43.81	300m: 5:16.22	550m: 10:09.26	800m: 15:04.82	1050m: 19:57.51	1300m: 24:45.23
	100m: 1:32.66	350m: 6:13.66	600m: 11:08.59	850m: 16:02.55	1100m: 20:54.21	1350m: 25:43.28
	150m: 2:25.09	400m: 7:11.78	650m: 12:07.80	900m: 17:01.30	1150m: 21:52.20	1400m: 26:40.78
	200m: 3:20.84	450m: 8:11.54	700m: 13:06.58	950m: 17:59.00	1200m: 22:49.22	1450m: 27:36.03
	250m: 4:18.32	500m: 9:10.53	750m: 14:05.74	1000m: 18:58.32	1250m: 23:47.49	1500m: 28:31.92

50+

NP DE LA PLAZA JULIÁN, Alfonso 69 01439 - Race

55+

1.	EGIDO GARCIA, Antonio	63	00053 - Real Canoe N.C.	20:02.37		
	50m: 34.09	300m: 3:49.77	550m: 7:09.34	800m: 10:32.64	1050m: 13:56.73	1300m: 17:22.66
	100m: 1:12.77	350m: 4:29.33	600m: 7:49.87	850m: 11:13.29	1100m: 14:38.46	1350m: 18:03.18
	150m: 1:51.88	400m: 5:09.13	650m: 8:30.56	900m: 11:54.48	1150m: 15:18.11	1400m: 18:44.43
	200m: 2:31.08	450m: 5:49.00	700m: 9:11.13	950m: 12:35.35	1200m: 16:00.06	1450m: 19:23.16
	250m: 3:10.17	500m: 6:29.09	750m: 9:51.97	1000m: 13:15.95	1250m: 16:41.42	1500m: 20:02.37
2.	VINUESA GONZALO, Rufino	62	00053 - Real Canoe N.C.	21:48.77		
	50m: 37.07	300m: 4:11.29	550m: 7:51.95	800m: 11:34.42	1050m: 15:15.34	1300m: 18:55.10
	100m: 1:18.26	350m: 4:55.53	600m: 8:36.51	850m: 12:18.58	1100m: 15:59.11	1350m: 19:39.27
	150m: 2:00.46	400m: 5:39.32	650m: 9:21.16	900m: 13:02.45	1150m: 16:42.74	1400m: 20:23.44
	200m: 2:43.58	450m: 6:23.55	700m: 10:05.65	950m: 13:46.61	1200m: 17:26.86	1450m: 21:07.40
	250m: 3:27.22	500m: 7:07.91	750m: 10:50.06	1000m: 14:30.59	1250m: 18:10.95	1500m: 21:48.77

65+

1.	MIGUEL PEREZ, Carlos A.	51	00636 - C.N. Alcobendas	22:02.12		
	50m: 39.53	300m: 4:20.64	550m: 8:01.26	800m: 11:42.50	1050m: 15:24.12	1300m: 19:05.99
	100m: 1:23.12	350m: 5:04.19	600m: 8:45.22	850m: 12:26.69	1100m: 16:08.17	1350m: 19:50.53
	150m: 2:07.24	400m: 5:48.17	650m: 9:29.42	900m: 13:11.17	1150m: 16:52.44	1400m: 20:35.16
	200m: 2:51.68	450m: 6:32.46	700m: 10:13.47	950m: 13:55.99	1200m: 17:36.76	1450m: 21:26.00
	250m: 3:36.44	500m: 7:16.63	750m: 10:58.30	1000m: 14:39.68	1250m: 18:21.34	1500m: 22:02.12

MADRID_V JORNADA FONDO MASTER 19-20_ACTA 053
ALCOBENDAS_MADRID HORA COMIENZO: 17.15 (calentamiento 16.30 horas) SÁBADO, 18/1/2020

Prueba 3 Fem., 800m Libre 20 años y mayores
18/01/2020 Resultados

Clas.	Nombre	Año	Club	Marca
25+				
1.	MAYERO MARISCAL DE GANTE, P.	95	01571 - C.N. Mako Carabanchel	10:16.43
	50m: 34.68	200m: 2:27.71	350m: 4:23.94	500m: 6:20.63
	100m: 1:12.06	250m: 3:06.06	400m: 5:02.61	550m: 7:00.12
	150m: 1:49.88	300m: 3:44.78	450m: 5:41.71	600m: 7:39.36
				750m: 9:37.33
				800m: 10:16.43
2.	LARRAYA DEL HOYO, Cristina	95	01571 - C.N. Mako Carabanchel	11:08.56
	50m: 35.09	200m: 2:32.24	350m: 4:37.56	500m: 6:46.12
	100m: 1:12.90	250m: 3:13.17	400m: 5:20.30	550m: 7:29.82
	150m: 1:51.92	300m: 3:55.27	450m: 6:03.50	600m: 8:13.76
				750m: 10:25.30
				800m: 11:08.56
30+				
1.	ARROYO GARCIA, Licia	90	00636 - C.N. Alcobendas	10:50.99
	50m: 37.24	200m: 2:41.32	350m: 4:46.32	500m: 6:49.03
	100m: 1:18.22	250m: 3:23.11	400m: 5:27.74	550m: 7:29.04
	150m: 1:59.56	300m: 4:04.76	450m: 6:08.50	600m: 8:10.42
				750m: 10:10.91
				800m: 10:50.99
2.	LOPEZ DE LA ROSA, Irene	89	00636 - C.N. Alcobendas	11:20.77
	50m: 38.48	200m: 2:46.36	350m: 4:55.66	500m: 7:04.06
	100m: 1:20.14	250m: 3:29.62	400m: 5:38.49	550m: 7:46.57
	150m: 2:03.31	300m: 4:12.81	450m: 6:21.32	600m: 8:29.40
				750m: 10:38.24
				800m: 11:20.77
3.	GARCÍA ARAGÓN, Elvira	89	01121 - C.N. Colmenar Viejo	11:25.35
	50m: 36.81	200m: 2:43.10	350m: 4:53.08	500m: 7:05.65
	100m: 1:17.54	250m: 3:26.54	400m: 5:37.04	550m: 7:49.83
	150m: 1:59.81	300m: 4:10.18	450m: 6:21.00	600m: 8:33.30
				750m: 10:44.52
				800m: 11:25.35
4.	MARTIN SOMER, Ana	88	00561 - C.N. Tres Cantos	11:48.70
	50m: 38.64	200m: 2:47.23	350m: 5:01.75	500m: 7:17.66
	100m: 1:20.39	250m: 3:31.96	400m: 5:46.87	550m: 8:03.51
	150m: 2:03.25	300m: 4:17.13	450m: 6:32.31	600m: 8:49.13
				750m: 11:06.49
				800m: 11:48.70
BAJA	DURAN SUJA, Laura	89	00150 - C.N. Jimenez	
35+				
1.	PRESNO REVUELTA, Belén	84	00417 - C.N. Coslada	14:04.68
	50m: 45.59	200m: 3:22.14	350m: 6:05.66	500m: 8:46.72
	100m: 1:35.33	250m: 4:16.66	400m: 6:59.39	550m: 9:40.22
	150m: 2:28.22	300m: 5:11.03	450m: 7:53.25	600m: 10:33.58
				750m: 13:14.51
				800m: 14:04.68

MADRID_V JORNADA FONDO MASTER 19-20_ACTA 053
ALCOBENDAS_MADRID HORA COMIENZO: 17.15 (calentamiento 16.30 horas) SÁBADO, 18/1/2020

Prueba 3, Fem., 800m Libre

40+

1. LOPEZ MALDONADO, Susana	79	01578 - C.N.T. Barajas	13:40.57		
50m: 43.18	200m: 3:15.24	350m: 5:53.31	500m: 8:30.10	650m: 11:06.24	800m: 13:40.57
100m: 1:32.12	250m: 4:07.86	400m: 6:45.68	550m: 9:22.32	700m: 11:57.81	
150m: 2:23.18	300m: 5:00.56	450m: 7:38.06	600m: 10:14.51	750m: 12:49.36	

50+

1. DEL RIO REDONDO, Emma	69	00053 - Real Canoe N.C.	12:40.82		
50m: 41.20	200m: 2:58.79	350m: 5:21.22	500m: 7:46.95	650m: 10:14.49	800m: 12:40.82
100m: 1:24.75	250m: 3:45.91	400m: 6:10.07	550m: 8:36.13	700m: 11:03.64	
150m: 2:11.57	300m: 4:33.34	450m: 6:58.53	600m: 9:25.38	750m: 11:52.88	
2. DE LAS HERAS ACHIRICA, Natalia	69	00417 - C.N. Coslada	15:59.24		
50m: 50.67	200m: 3:52.36	350m: 6:57.43	500m: 9:59.06	650m: 12:59.86	800m: 15:59.24
100m: 1:48.67	250m: 4:55.48	400m: 7:58.24	550m: 10:59.60	700m: 14:00.36	
150m: 2:50.12	300m: 5:56.75	450m: 8:59.00	600m: 12:00.46	750m: 15:00.73	

DQ BODAS ARRANZ, Marta Maria 68 00636 - C.N. Alcobendas

55+

1. BLAZQUEZ HERRANZ, Silvia	65	00053 - Real Canoe N.C.	13:42.70		
50m: 43.13	200m: 3:11.13	350m: 5:43.56	500m: 8:22.31	650m: 11:03.43	800m: 13:42.70
100m: 1:31.58	250m: 4:01.62	400m: 6:35.64	550m: 9:15.82	700m: 11:57.68	
150m: 2:20.83	300m: 4:52.12	450m: 7:28.36	600m: 10:09.70	750m: 12:51.32	

60+

1. AEDO OCAÑA, Olga Pilar	57	00053 - Real Canoe N.C.	13:59.61		
50m: 43.78	200m: 3:19.11	350m: 5:58.18	500m: 8:39.44	650m: 11:21.25	800m: 13:59.61
100m: 1:34.19	250m: 4:11.82	400m: 6:52.01	550m: 9:33.82	700m: 12:14.92	
150m: 2:26.34	300m: 5:04.92	450m: 7:45.92	600m: 10:27.80	750m: 13:08.23	

MADRID_V JORNADA FONDO MASTER 19-20_ACTA 053
ALCOBENDAS_MADRID HORA COMIENZO: 17.15 (calentamiento 16.30 horas) SÁBADO, 18/1/2020

Prueba 4 Masc., 800m Libre 20 años y mayores
18/01/2020 Resultados

Clas.	Nombre	Año	Club	Marca
25+				
1.	GUARDIOLA PONCET, Borja	94	00636 - C.N. Alcobendas	9:43.71
	50m: 30.79 200m: 2:15.31 350m: 4:05.00 500m: 5:56.56 650m: 7:50.89 800m: 9:43.71			
	100m: 1:04.61 250m: 2:51.80 400m: 4:41.78 550m: 6:34.60 700m: 8:29.18			
	150m: 1:39.64 300m: 3:28.49 450m: 5:19.06 600m: 7:12.61 750m: 9:06.89			
2.	RODRIGUEZ ANDREO, Jose Luis	95	00636 - C.N. Alcobendas	11:05.10
	50m: 34.16 200m: 2:23.63 350m: 4:28.31 500m: 6:38.80 650m: 8:50.48 800m: 11:05.10			
	100m: 1:08.08 250m: 3:04.11 400m: 5:11.16 550m: 7:22.32 700m: 9:35.25			
	150m: 1:44.62 300m: 3:45.81 450m: 5:55.06 600m: 8:06.06 750m: 10:20.81			
3.	MARTIN SOMER, Miguel	91	00561 - C.N. Tres Cantos	11:24.48
	50m: 34.58 200m: 2:38.78 350m: 4:50.40 500m: 7:04.71 650m: 9:17.54 800m: 11:24.48			
	100m: 1:14.54 250m: 3:22.36 400m: 5:33.27 550m: 7:48.88 700m: 10:02.69			
	150m: 1:56.22 300m: 4:06.38 450m: 6:19.78 600m: 8:33.23 750m: 10:46.09			
30+				
BAJA	CABRERA VAZQUEZ, Pablo	88	01571 - C.N. Mako Carabanchel	
35+				
1.	SANJUAN MERCADAL, Joan	84	00417 - C.N. Coslada	11:59.44
	50m: 38.16 200m: 2:48.29 350m: 5:03.82 500m: 7:23.50 650m: 9:43.22 800m: 11:59.44			
	100m: 1:19.25 250m: 3:33.26 400m: 5:50.10 550m: 8:09.33 700m: 10:30.11			
	150m: 2:02.95 300m: 4:18.42 450m: 6:36.87 600m: 8:57.13 750m: 11:16.43			
40+				
1.	RONAN, Niall	78	00636 - C.N. Alcobendas	10:48.20
	50m: 34.78 200m: 2:33.47 350m: 4:35.97 500m: 6:41.05 650m: 8:45.72 800m: 10:48.20			
	100m: 1:13.42 250m: 3:14.05 400m: 5:17.30 550m: 7:22.72 700m: 9:26.91			
	150m: 1:53.34 300m: 3:54.78 450m: 5:59.15 600m: 8:04.42 750m: 10:08.17			
2.	VALENTIN GONZÁLEZ, Rubén	78	01121 - C.N. Colmenar Viejo	12:38.45
	50m: 38.45 200m: 2:54.84 350m: 5:21.43 500m: 7:49.13 650m: 10:16.17 800m: 12:38.45			
	100m: 1:20.77 250m: 3:43.13 400m: 6:10.21 550m: 8:38.91 700m: 11:04.20			
	150m: 2:06.41 300m: 4:32.44 450m: 6:59.50 600m: 9:27.10 750m: 11:54.17			

MADRID_V JORNADA FONDO MASTER 19-20_ACTA 053
ALCOBENDAS_MADRID HORA COMIENZO: 17.15 (calentamiento 16.30 horas) SÁBADO, 18/1/2020

Prueba 4, Masc., 800m Libre

45+

1.	JAQUE GARCIA, Francisco	71	00053 - Real Canoe N.C.	11:07.68		
	50m: 37.69	200m: 2:43.82	350m: 4:51.12	500m: 6:56.06	650m: 9:02.61	800m: 11:07.68
	100m: 1:19.16	250m: 3:26.41	400m: 5:33.07	550m: 7:37.74	700m: 9:47.36	
	150m: 2:01.64	300m: 4:08.61	450m: 6:14.74	600m: 8:19.99	750m: 10:27.38	
2.	GONZALEZ MELENDEZ, Emilio	71	01571 - C.N. Mako Carabanchel	13:13.24		
	50m: 41.65	200m: 3:02.88	350m: 5:34.50	500m: 8:06.67	650m: 10:41.29	800m: 13:13.24
	100m: 1:26.98	250m: 3:53.06	400m: 6:25.15	550m: 8:59.10	700m: 11:33.06	
	150m: 2:14.36	300m: 4:43.43	450m: 7:15.68	600m: 9:50.86	750m: 12:24.14	
3.	OLALLA IRAETA, Jesus	71	01439 - Race	13:42.58		
	50m: 38.55	200m: 2:59.12	350m: 5:35.12	500m: 8:18.65	650m: 11:02.66	800m: 13:42.58
	100m: 1:22.57	250m: 3:49.43	400m: 6:29.39	550m: 9:13.37	700m: 11:58.08	
	150m: 2:09.96	300m: 4:41.90	450m: 7:23.84	600m: 10:08.68	750m: 12:51.45	

50+

1.	VILLAGRA POVIÑA, German	67	00053 - Real Canoe N.C.	10:13.27		
	50m: 32.66	200m: 2:21.19	350m: 4:15.36	500m: 6:13.14	650m: 8:12.38	800m: 10:13.27
	100m: 1:07.80	250m: 2:58.65	400m: 4:54.32	550m: 6:52.23	700m: 8:52.90	
	150m: 1:44.09	300m: 3:36.66	450m: 5:33.65	600m: 7:32.63	750m: 9:33.34	
2.	NADAL HERNAN-GOMEZ, Ricardo	67	00053 - Real Canoe N.C.	10:22.59		
	50m: 36.49	200m: 2:30.14	350m: 4:27.09	500m: 6:24.00	650m: 8:23.41	800m: 10:22.59
	100m: 1:13.48	250m: 3:08.94	400m: 5:06.35	550m: 7:03.81	700m: 9:03.88	
	150m: 1:51.45	300m: 3:47.56	450m: 5:45.34	600m: 7:43.56	750m: 9:44.03	
3.	GOMEZ RAMOS, Jesús	70	00053 - Real Canoe N.C.	10:37.74		
	50m: 33.85	200m: 2:29.60	350m: 4:31.97	500m: 6:34.97	650m: 8:38.14	800m: 10:37.74
	100m: 1:11.09	250m: 3:10.10	400m: 5:12.92	550m: 7:15.74	700m: 9:18.85	
	150m: 1:49.99	300m: 3:50.85	450m: 5:54.11	600m: 7:56.97	750m: 9:58.91	
4.	MARTIN JIMENEZ, Jesus	66	00876 - C.N. San Fernando De Henares	11:29.01		
	50m: 38.14	200m: 2:45.90	350m: 4:56.24	500m: 7:07.87	650m: 9:19.62	800m: 11:29.01
	100m: 1:20.29	250m: 3:29.03	400m: 5:39.91	550m: 7:51.85	700m: 10:03.62	
	150m: 2:03.22	300m: 4:12.65	450m: 6:23.90	600m: 8:35.59	750m: 10:47.39	
5.	MARTIN GARCIA, Israel	68	00636 - C.N. Alcobendas	11:45.34		
	50m: 38.36	200m: 2:46.11	350m: 5:00.04	500m: 7:15.36	650m: 1:31:31.41	800m: 11:45.34
	100m: 1:19.30	250m: 3:30.50	400m: 5:45.67	550m: 8:00.91	700m: 10:17.00	
	150m: 2:02.13	300m: 4:14.75	450m: 6:30.81	600m: 8:46.25	750m: 11:01.74	

75+

BAJA RGUEZ DE RIVERA RAMIREZ, Javier 41 00053 - Real Canoe N.C.