

MADRID\_XI OPEN MADRID INV L.DISTANCIA\_ACTA 052  
M86\_MADRID, 19/1/2020

Prueba 1  
19/01/2020

Masc, 2000m Libre

INFANTIL MASCULINA LD FMN  
Resultados

Clas.	Nombre	Año	Club	Marca		
1.	LOPEZ MERCADO, Gonzalo	05	00636 - C.N. Alcobendas	<b>24:00.90</b>		
	50m: 33.44	400m: 4:42.20	750m: 8:54.67	1100m: 13:09.76	1450m: 17:25.78	1800m: 21:41.44
	100m: 1:08.36	450m: 5:18.10	800m: 9:31.29	1150m: 13:46.10	1500m: 18:02.18	1850m: 22:18.12
	150m: 1:43.69	500m: 5:53.61	850m: 10:08.02	1200m: 14:23.58	1550m: 18:38.64	1900m: 22:54.07
	200m: 2:19.02	550m: 6:29.52	900m: 10:44.44	1250m: 14:59.69	1600m: 19:15.50	1950m: 23:30.56
	250m: 2:54.54	600m: 7:05.64	950m: 11:21.56	1300m: 15:36.16	1650m: 19:52.31	2000m: 24:00.90
	300m: 3:30.31	650m: 7:42.31	1000m: 11:57.55	1350m: 16:12.51	1700m: 20:28.79	
	350m: 4:06.81	700m: 8:18.60	1050m: 12:33.07	1400m: 16:48.93	1750m: 21:05.11	
2.	MARTINEZ ACEBO, Sergio	05	01152 - C.N. Las Matas	<b>24:14.69</b>		
	50m: 33.77	400m: 4:46.17	750m: 9:00.38	1100m: 13:16.09	1450m: 17:32.63	1800m: 21:50.32
	100m: 1:09.56	450m: 5:22.17	800m: 9:36.80	1150m: 13:52.54	1500m: 18:09.78	1850m: 22:27.10
	150m: 1:45.25	500m: 5:58.53	850m: 10:13.31	1200m: 14:29.00	1550m: 18:46.65	1900m: 23:03.40
	200m: 2:21.28	550m: 6:34.66	900m: 10:49.88	1250m: 15:05.84	1600m: 19:23.64	1950m: 23:39.76
	250m: 2:57.00	600m: 7:10.91	950m: 11:26.06	1300m: 15:42.49	1650m: 20:00.33	2000m: 24:14.69
	300m: 3:33.06	650m: 7:47.13	1000m: 12:02.98	1350m: 16:19.42	1700m: 20:37.14	
	350m: 4:09.51	700m: 8:23.73	1050m: 12:39.33	1400m: 16:56.13	1750m: 21:13.87	
3.	MOLERO SANZ, Alejandro	05	01203 - C.D. El Valle	<b>25:33.83</b>		
	50m: 34.59	400m: 4:58.84	750m: 9:29.24	1100m: 14:02.63	1450m: 18:36.16	1800m: 23:04.05
	100m: 1:10.40	450m: 5:37.63	800m: 10:07.76	1150m: 14:41.93	1500m: 19:14.79	1850m: 23:42.71
	150m: 1:47.31	500m: 6:16.14	850m: 10:46.71	1200m: 15:21.38	1550m: 19:53.44	1900m: 24:19.90
	200m: 2:25.11	550m: 6:54.98	900m: 11:25.53	1250m: 16:00.66	1600m: 20:31.36	1950m: 24:57.37
	250m: 3:03.47	600m: 7:33.77	950m: 12:04.73	1300m: 16:39.56	1650m: 21:09.61	2000m: 25:33.83
	300m: 3:41.58	650m: 8:12.28	1000m: 12:44.22	1350m: 17:18.81	1700m: 21:48.11	
	350m: 4:20.25	700m: 8:50.52	1050m: 13:23.24	1400m: 17:57.33	1750m: 22:27.00	
4.	PULIDO HERNANDEZ, Hugo	05	P1206 - C.N. Villalba	<b>25:34.74</b>		
	50m: 35.12	400m: 5:04.28	750m: 9:35.05	1100m: 14:06.94	1450m: 18:39.11	1800m: 23:06.94
	100m: 1:11.99	450m: 5:43.29	800m: 10:13.85	1150m: 14:46.12	1500m: 19:17.84	1850m: 23:45.34
	150m: 1:50.13	500m: 6:22.66	850m: 10:52.08	1200m: 15:24.86	1550m: 19:55.82	1900m: 24:23.99
	200m: 2:28.19	550m: 7:01.82	900m: 11:30.57	1250m: 16:03.54	1600m: 20:33.84	1950m: 25:00.44
	250m: 3:06.48	600m: 7:40.32	950m: 12:09.85	1300m: 16:41.91	1650m: 21:11.15	2000m: 25:34.74
	300m: 3:45.56	650m: 8:18.90	1000m: 12:48.62	1350m: 17:21.02	1700m: 21:49.69	
	350m: 4:24.70	700m: 8:56.86	1050m: 13:27.94	1400m: 17:59.95	1750m: 22:27.92	
5.	FERNANDEZ BLAZQUEZ, Pablo	05	P1200 - Safa Madrid	<b>25:36.15</b>		
	50m: 36.54	400m: 5:05.33	750m: 9:36.94	1100m: 14:08.82	1450m: 18:39.46	1800m: 23:06.80
	100m: 1:13.46	450m: 5:44.34	800m: 10:15.69	1150m: 14:47.40	1500m: 19:18.11	1850m: 23:44.83
	150m: 1:51.76	500m: 6:23.10	850m: 10:54.95	1200m: 15:26.56	1550m: 19:56.26	1900m: 24:23.12
	200m: 2:30.16	550m: 7:01.75	900m: 11:33.74	1250m: 16:05.24	1600m: 20:34.11	1950m: 25:00.68
	250m: 3:08.84	600m: 7:40.04	950m: 12:12.97	1300m: 16:43.93	1650m: 21:11.94	2000m: 25:36.15
	300m: 3:47.29	650m: 8:18.91	1000m: 12:51.71	1350m: 17:22.23	1700m: 21:50.39	
	350m: 4:26.59	700m: 8:57.94	1050m: 13:30.40	1400m: 18:00.94	1750m: 22:28.41	

MADRID\_XI OPEN MADRID INV L.DISTANCIA\_ACTA 052  
M86\_MADRID, 19/1/2020

Prueba 1, Masc, 2000m Libre, INFANTIL MASCULINA LD FMN

Clas.	Nombre	Año	Club	Marca		
6.	<b>OCAÑA MARTIN, Miguel</b>	05	P1200 - Safa Madrid	<b>25:45.77</b>		
	50m: 33.82	400m: 4:50.63	750m: 9:21.18	1100m: 13:54.67	1450m: 18:33.51	1800m: 23:13.73
	100m: 1:08.79	450m: 5:28.95	800m: 9:59.77	1150m: 14:33.89	1500m: 19:13.24	1850m: 23:54.90
	150m: 1:44.77	500m: 6:06.77	850m: 10:38.44	1200m: 15:13.52	1550m: 19:53.67	1900m: 24:34.34
	200m: 2:21.55	550m: 6:45.14	900m: 11:18.17	1250m: 15:53.16	1600m: 20:33.40	1950m: 25:09.63
	250m: 2:58.63	600m: 7:23.90	950m: 11:57.10	1300m: 16:32.55	1650m: 21:12.88	2000m: 25:45.77
	300m: 3:35.60	650m: 8:03.06	1000m: 12:35.69	1350m: 17:12.62	1700m: 21:52.78	
	350m: 4:13.12	700m: 8:42.15	1050m: 13:15.08	1400m: 17:52.95	1750m: 22:33.39	
7.	<b>RODRIGUEZ PALACIOS, Ricardo</b>	05	00010 - A.D.N. Mostoles	<b>25:47.64</b>		
	50m: 35.14	400m: 4:57.36	750m: 9:31.09	1100m: 14:06.11	1450m: 18:44.43	1800m: 23:20.39
	100m: 1:10.50	450m: 5:36.01	800m: 10:11.10	1150m: 14:45.00	1500m: 19:23.39	1850m: 23:57.54
	150m: 1:47.24	500m: 6:14.96	850m: 10:49.63	1200m: 15:24.47	1550m: 20:00.38	1900m: 24:35.83
	200m: 2:25.15	550m: 6:53.99	900m: 11:27.76	1250m: 16:02.74	1600m: 20:40.27	1950m: 25:13.28
	250m: 3:02.73	600m: 7:32.85	950m: 12:08.28	1300m: 16:42.00	1650m: 21:21.35	2000m: 25:47.64
	300m: 3:40.57	650m: 8:12.03	1000m: 12:47.99	1350m: 17:22.50	1700m: 22:01.57	
	350m: 4:18.46	700m: 8:51.55	1050m: 13:26.96	1400m: 18:03.43	1750m: 22:40.94	
8.	<b>MAYORDOMO DELGADO, Arturo</b>	05	00010 - A.D.N. Mostoles	<b>26:02.61</b>		
	50m: 35.01	400m: 5:01.36	750m: 9:36.58	1100m: 14:09.67	1450m: 18:37.36	1800m: 23:17.97
	100m: 1:12.08	450m: 5:40.73	800m: 10:15.06	1150m: 14:46.91	1500m: 19:16.60	1850m: 23:58.88
	150m: 1:50.67	500m: 6:19.92	850m: 10:54.22	1200m: 15:24.19	1550m: 19:55.06	1900m: 24:40.91
	200m: 2:27.52	550m: 6:59.76	900m: 11:35.42	1250m: 16:02.35	1600m: 20:33.32	1950m: 25:23.93
	250m: 3:04.92	600m: 7:38.66	950m: 12:14.98	1300m: 16:40.29	1650m: 21:11.97	2000m: 26:02.61
	300m: 3:43.42	650m: 8:18.82	1000m: 12:53.32	1350m: 17:19.00	1700m: 21:54.95	
	350m: 4:22.72	700m: 8:58.44	1050m: 13:30.97	1400m: 17:57.89	1750m: 22:36.87	
9.	<b>BLAZQUEZ BAUTISTA, Jesus</b>	05	00827 - A.D. Rivas Natación	<b>27:11.66</b>		
	50m: 38.23	400m: 5:17.38	750m: 10:00.31	1100m: 14:48.06	1450m: 19:38.39	1800m: 24:29.09
	100m: 1:16.97	450m: 5:57.71	800m: 10:41.08	1150m: 15:29.45	1500m: 20:19.99	1850m: 25:10.00
	150m: 1:56.76	500m: 6:37.79	850m: 11:21.70	1200m: 16:10.47	1550m: 21:02.12	1900m: 25:50.83
	200m: 2:36.68	550m: 7:18.09	900m: 12:03.14	1250m: 16:52.00	1600m: 21:43.87	1950m: 26:31.09
	250m: 3:16.69	600m: 7:58.35	950m: 12:44.14	1300m: 17:33.50	1650m: 22:25.69	2000m: 27:11.66
	300m: 3:57.22	650m: 8:39.06	1000m: 13:25.63	1350m: 18:14.98	1700m: 23:07.06	
	350m: 4:37.09	700m: 9:19.46	1050m: 14:07.05	1400m: 18:56.69	1750m: 23:48.29	
NP	<b>FERNANDEZ GIL, Mario</b>	05	00876 - C.N. San Fernando De Henares			

MADRID\_XI OPEN MADRID INV L.DISTANCIA\_ACTA 052  
M86\_MADRID, 19/1/2020

Prueba 2  
19/01/2020

Fem, 2000m Libre

INFANTIL FEMENINA LD FMN  
Resultados

Clas.	Nombre	Año	Club	Marca
1.	LEBLIC GARCIA, Sydney	05	01203 - C.D. El Valle	<b>24:06.48</b>
	50m: 32.63 400m: 4:41.87 750m: 8:54.08 1100m: 13:09.35 1450m: 17:24.86 1800m: 21:42.70			
	100m: 1:07.14 450m: 5:17.78 800m: 9:30.63 1150m: 13:45.80 1500m: 18:01.93 1850m: 22:19.37			
	150m: 1:42.37 500m: 5:53.51 850m: 10:06.94 1200m: 14:22.40 1550m: 18:38.69 1900m: 22:56.09			
	200m: 2:17.82 550m: 6:29.50 900m: 10:43.32 1250m: 14:58.42 1600m: 19:15.60 1950m: 23:32.35			
	250m: 2:53.94 600m: 7:05.43 950m: 11:19.88 1300m: 15:34.76 1650m: 19:52.46 2000m: 24:06.48			
	300m: 3:29.91 650m: 7:41.69 1000m: 11:56.24 1350m: 16:11.27 1700m: 20:29.17			
	350m: 4:05.96 700m: 8:17.85 1050m: 12:32.61 1400m: 16:48.04 1750m: 21:05.98			
2.	SANZ BOSQUET, Blanca	05	01203 - C.D. El Valle	<b>24:11.47</b>
	50m: 33.68 400m: 4:46.34 750m: 9:00.60 1100m: 13:15.45 1450m: 17:33.14 1800m: 21:49.29			
	100m: 1:08.96 450m: 5:22.44 800m: 9:36.35 1150m: 13:51.80 1500m: 18:10.00 1850m: 22:25.50			
	150m: 1:44.64 500m: 5:58.98 850m: 10:12.64 1200m: 14:28.39 1550m: 18:46.46 1900m: 23:01.38			
	200m: 2:21.12 550m: 6:35.41 900m: 10:49.00 1250m: 15:05.44 1600m: 19:23.44 1950m: 23:36.86			
	250m: 2:57.41 600m: 7:11.46 950m: 11:25.30 1300m: 15:42.59 1650m: 19:59.66 2000m: 24:11.47			
	300m: 3:33.66 650m: 7:47.83 1000m: 12:02.02 1350m: 16:19.25 1700m: 20:36.49			
	350m: 4:09.75 700m: 8:24.39 1050m: 12:39.06 1400m: 16:56.50 1750m: 21:12.71			
3.	LABRAÑA VIVANCO, Angeles	06	00053 - Real Canoe N.C.	<b>26:10.56</b>
	50m: 36.21 400m: 5:05.26 750m: 9:37.22 1100m: 14:13.64 1450m: 18:53.50 1800m: 23:32.24			
	100m: 1:14.08 450m: 5:44.29 800m: 10:16.69 1150m: 14:53.55 1500m: 19:33.46 1850m: 24:11.78			
	150m: 1:52.15 500m: 6:22.94 850m: 10:55.43 1200m: 15:33.46 1550m: 20:13.49 1900m: 24:51.56			
	200m: 2:30.90 550m: 7:01.55 900m: 11:34.73 1250m: 16:13.42 1600m: 20:52.81 1950m: 25:31.25			
	250m: 3:08.94 600m: 7:40.04 950m: 12:14.85 1300m: 16:52.97 1650m: 21:33.05 2000m: 26:10.56			
	300m: 3:47.77 650m: 8:19.07 1000m: 12:54.75 1350m: 17:33.02 1700m: 22:12.57			
	350m: 4:26.42 700m: 8:58.24 1050m: 13:34.05 1400m: 18:13.15 1750m: 22:52.25			
4.	CARRASCO GOUSSEVA, Estefania	06	P1202 - C.D. Gredos San Diego	<b>26:28.94</b>
	50m: 36.34 400m: 5:06.24 750m: 9:41.07 1100m: 14:21.02 1450m: 19:04.62 1800m: 23:49.39			
	100m: 1:13.96 450m: 5:45.25 800m: 10:20.62 1150m: 15:01.83 1500m: 19:44.78 1850m: 24:30.01			
	150m: 1:52.23 500m: 6:24.38 850m: 10:59.90 1200m: 15:42.57 1550m: 20:25.53 1900m: 25:10.23			
	200m: 2:31.07 550m: 7:03.48 900m: 11:39.72 1250m: 16:22.69 1600m: 21:05.84 1950m: 25:49.29			
	250m: 3:09.67 600m: 7:42.47 950m: 12:20.04 1300m: 17:02.88 1650m: 21:46.90 2000m: 26:28.94			
	300m: 3:48.35 650m: 8:21.70 1000m: 13:00.89 1350m: 17:43.21 1700m: 22:28.07			
	350m: 4:27.16 700m: 9:01.23 1050m: 13:40.53 1400m: 18:23.87 1750m: 23:08.64			
5.	PRADOS BODEGA, Carla	06	00636 - C.N. Alcobendas	<b>26:58.91</b>
	50m: 37.06 400m: 5:11.39 750m: 9:52.80 1100m: 14:38.21 1450m: 19:25.10 1800m: 24:16.56			
	100m: 1:15.26 450m: 5:51.66 800m: 10:33.76 1150m: 15:19.75 1500m: 20:06.70 1850m: 24:58.07			
	150m: 1:53.92 500m: 6:31.41 850m: 11:14.30 1200m: 16:00.78 1550m: 20:47.93 1900m: 25:39.20			
	200m: 2:33.15 550m: 7:12.14 900m: 11:54.75 1250m: 16:43.12 1600m: 21:29.63 1950m: 26:19.27			
	250m: 3:12.35 600m: 7:52.12 950m: 12:35.61 1300m: 17:22.96 1650m: 22:11.50 2000m: 26:58.91			
	300m: 3:51.54 650m: 8:32.60 1000m: 13:16.41 1350m: 18:02.65 1700m: 22:53.38			
	350m: 4:31.62 700m: 9:12.45 1050m: 13:57.41 1400m: 18:43.05 1750m: 23:35.27			

MADRID\_XI OPEN MADRID INV L.DISTANCIA\_ACTA 052  
M86\_MADRID, 19/1/2020

Prueba 2, Fem, 2000m Libre, INFANTIL FEMENINA LD FMN

Clas.	Nombre	Año	Club	Marca		
6.	CARRASCO CASTRO, Jimena	06	01203 - C.D. El Valle	<b>27:05.67</b>		
	50m: 37.08	400m: 5:16.13	750m: 10:00.11	1100m: 14:47.74	1450m: 19:38.46	1800m: 24:28.85
	100m: 1:15.91	450m: 5:56.44	800m: 10:40.89	1150m: 15:29.19	1500m: 20:20.20	1850m: 25:09.96
	150m: 1:55.68	500m: 6:37.10	850m: 11:21.99	1200m: 16:10.51	1550m: 21:02.07	1900m: 25:50.35
	200m: 2:35.53	550m: 7:17.46	900m: 12:03.20	1250m: 16:52.04	1600m: 21:43.97	1950m: 26:29.13
	250m: 3:15.85	600m: 7:57.97	950m: 12:43.98	1300m: 17:33.49	1650m: 22:25.62	2000m: 27:05.67
	300m: 3:56.03	650m: 8:38.47	1000m: 13:25.41	1350m: 18:15.26	1700m: 23:07.20	
	350m: 4:35.87	700m: 9:19.23	1050m: 14:06.57	1400m: 18:56.88	1750m: 23:48.16	
7.	ALVARO FERNANDEZ, Carmen	05	P1200 - Safa Madrid	<b>27:14.96</b>		
	50m: 36.38	400m: 5:15.38	750m: 10:00.77	1100m: 14:51.19	1450m: 19:43.26	1800m: 24:33.75
	100m: 1:14.60	450m: 5:55.86	800m: 10:41.55	1150m: 15:33.36	1500m: 20:24.78	1850m: 25:14.46
	150m: 1:53.90	500m: 6:37.28	850m: 11:22.98	1200m: 16:15.24	1550m: 21:06.55	1900m: 25:55.06
	200m: 2:33.63	550m: 7:17.82	900m: 12:04.46	1250m: 16:57.10	1600m: 21:48.25	1950m: 26:35.52
	250m: 3:13.86	600m: 7:58.53	950m: 12:45.50	1300m: 17:38.86	1650m: 22:30.28	2000m: 27:14.96
	300m: 3:53.83	650m: 8:39.48	1000m: 13:27.63	1350m: 18:20.57	1700m: 23:11.46	
	350m: 4:34.85	700m: 9:20.62	1050m: 14:09.53	1400m: 19:01.45	1750m: 23:52.73	
8.	BOTELLO MARTÍN, María	06	01203 - C.D. El Valle	<b>27:54.97</b>		
	50m: 37.60	400m: 5:24.50	750m: 10:23.38	1100m: 15:20.29	1450m: 20:16.09	1800m: 25:13.61
	100m: 1:16.23	450m: 6:06.84	800m: 11:06.01	1150m: 16:02.45	1500m: 20:58.31	1850m: 25:55.42
	150m: 1:57.25	500m: 6:49.06	850m: 11:48.70	1200m: 16:44.48	1550m: 21:40.09	1900m: 26:36.73
	200m: 2:37.65	550m: 7:32.06	900m: 12:31.06	1250m: 17:26.66	1600m: 22:22.61	1950m: 27:17.76
	250m: 3:19.26	600m: 8:15.02	950m: 13:13.38	1300m: 18:08.35	1650m: 23:05.36	2000m: 27:54.97
	300m: 4:01.08	650m: 8:57.90	1000m: 13:55.42	1350m: 18:50.92	1700m: 23:47.98	
	350m: 4:42.49	700m: 9:40.69	1050m: 14:37.87	1400m: 19:33.64	1750m: 24:31.01	
9.	SANCHEZ MARCOS, Sandra	05	00010 - A.D.N. Mostoles	<b>28:08.43</b>		
	50m: 37.84	400m: 5:31.50	750m: 10:31.33	1100m: 15:31.66	1450m: 20:29.23	1800m: 25:22.39
	100m: 1:17.83	450m: 6:14.09	800m: 11:14.72	1150m: 16:14.25	1500m: 21:11.99	1850m: 26:04.09
	150m: 1:59.11	500m: 6:57.18	850m: 11:57.32	1200m: 16:56.91	1550m: 21:53.06	1900m: 26:46.06
	200m: 2:41.49	550m: 7:39.67	900m: 12:40.17	1250m: 17:38.89	1600m: 22:34.45	1950m: 27:27.46
	250m: 3:24.04	600m: 8:22.31	950m: 13:23.07	1300m: 18:21.53	1650m: 23:16.72	2000m: 28:08.43
	300m: 4:06.24	650m: 9:05.42	1000m: 14:05.85	1350m: 19:03.91	1700m: 23:58.54	
	350m: 4:49.03	700m: 9:48.17	1050m: 14:48.91	1400m: 19:46.56	1750m: 24:40.45	
BAJA	MIRANDA FERNANDEZ, Paula	05	P1202 - C.D. Gredos San Diego			

MADRID\_XI OPEN MADRID INV L.DISTANCIA\_ACTA 052  
M86\_MADRID, 19/1/2020

Prueba 3  
19/01/2020

Masc., 3000m Libre

16 años y mayores  
Resultados

Clas.	Nombre	Año	Club	Marca
1.	<b>QUIJADA ROLDAN, Carlos</b>	01	P1202 - C.D. Gredos San Diego	<b>31:45.18</b>
	50m: 30.22	550m: 5:41.12	1050m: 10:56.96	1550m: 16:15.69
	100m: 1:01.00	600m: 6:12.51	1100m: 11:28.77	1600m: 16:47.65
	150m: 1:32.15	650m: 6:44.03	1150m: 12:00.64	1650m: 17:19.77
	200m: 2:03.23	700m: 7:15.50	1200m: 12:32.51	1700m: 17:51.96
	250m: 2:34.66	750m: 7:47.24	1250m: 13:04.25	1750m: 18:23.80
	300m: 3:05.78	800m: 8:18.78	1300m: 13:36.07	1800m: 18:55.84
	350m: 3:36.68	850m: 8:50.42	1350m: 14:08.02	1850m: 19:28.16
	400m: 4:07.79	900m: 9:21.99	1400m: 14:39.94	1900m: 19:59.97
	450m: 4:38.92	950m: 9:53.73	1450m: 15:11.89	1950m: 20:32.04
	500m: 5:09.74	1000m: 10:25.34	1500m: 15:43.70	2000m: 21:04.35
				2050m: 21:36.31
				2100m: 22:08.35
				2150m: 22:40.49
				2200m: 23:12.50
				2250m: 23:44.58
				2300m: 24:16.65
				2350m: 24:48.92
				2400m: 25:20.90
				2450m: 25:52.94
				2500m: 26:25.11
				2550m: 26:57.28
				2600m: 27:29.18
				2650m: 28:01.70
				2700m: 28:34.00
				2750m: 29:06.14
				2800m: 29:38.52
				2850m: 30:10.55
				2900m: 30:42.67
				2950m: 31:14.31
				3000m: 31:45.18
2.	<b>VILLAREJO PRADES, Alejandro</b>	03	00053 - Real Canoe N.C.	<b>32:42.95</b>
	50m: 31.77	550m: 5:57.66	1050m: 11:22.69	1550m: 16:46.69
	100m: 1:04.08	600m: 6:30.06	1100m: 11:54.94	1600m: 17:19.30
	150m: 1:36.54	650m: 7:02.92	1150m: 12:27.24	1650m: 17:51.73
	200m: 2:09.10	700m: 7:35.57	1200m: 12:59.46	1700m: 18:24.31
	250m: 2:41.83	750m: 8:08.19	1250m: 13:31.72	1750m: 18:57.08
	300m: 3:14.53	800m: 8:40.54	1300m: 14:04.39	1800m: 19:29.79
	350m: 3:47.38	850m: 9:12.95	1350m: 14:36.71	1850m: 20:02.64
	400m: 4:20.06	900m: 9:45.39	1400m: 15:09.38	1900m: 20:35.42
	450m: 4:52.66	950m: 10:17.77	1450m: 15:41.58	1950m: 21:08.05
	500m: 5:25.06	1000m: 10:50.25	1500m: 16:14.09	2000m: 21:40.82
				2050m: 22:13.77
				2100m: 22:46.59
				2150m: 23:19.61
				2200m: 23:52.69
				2250m: 24:25.83
				2300m: 24:58.98
				2350m: 25:32.15
				2400m: 26:05.35
				2450m: 26:38.54
				2500m: 27:12.10
				2550m: 27:45.32
				2600m: 28:18.46
				2650m: 28:51.48
				2700m: 29:24.62
				2750m: 29:57.94
				2800m: 30:31.21
				2850m: 31:04.71
				2900m: 31:38.12
				2950m: 32:11.62
				3000m: 32:42.95
3.	<b>GONZALEZ CALDERON, Ivan</b>	03	00417 - C.N. Coslada	<b>33:33.44</b>
	50m: 31.39	550m: 5:58.11	1050m: 11:30.56	1550m: 17:07.66
	100m: 1:03.36	600m: 6:30.73	1100m: 12:03.59	1600m: 17:42.23
	150m: 1:35.75	650m: 7:03.63	1150m: 12:37.62	1650m: 18:16.33
	200m: 2:08.80	700m: 7:36.45	1200m: 13:11.50	1700m: 18:49.78
	250m: 2:41.77	750m: 8:09.78	1250m: 13:45.25	1750m: 19:23.90
	300m: 3:14.54	800m: 8:42.74	1300m: 14:18.90	1800m: 19:57.64
	350m: 3:47.32	850m: 9:15.73	1350m: 14:52.53	1850m: 20:31.56
	400m: 4:20.33	900m: 9:48.83	1400m: 15:26.56	1900m: 21:05.47
	450m: 4:52.76	950m: 10:22.80	1450m: 16:00.34	1950m: 21:39.23
	500m: 5:25.32	1000m: 10:56.42	1500m: 16:34.26	2000m: 22:13.77
				2050m: 22:47.69
				2100m: 23:20.90
				2150m: 23:55.33
				2200m: 24:29.77
				2250m: 25:04.14
				2300m: 25:38.30
				2350m: 26:12.47
				2400m: 26:47.30
				2450m: 27:22.42
				2500m: 27:56.98
				2550m: 28:30.18
				2600m: 29:04.59
				2650m: 29:38.38
				2700m: 30:12.14
				2750m: 30:46.07
				2800m: 31:20.04
				2850m: 31:53.58
				2900m: 32:27.15
				2950m: 33:00.56
				3000m: 33:33.44
4.	<b>MARTIN DE LA IGLESIA, David</b>	99	P1202 - C.D. Gredos San Diego	<b>33:38.54</b>
	50m: 30.09	550m: 5:58.51	1050m: 11:36.37	1550m: 17:16.66
	100m: 1:01.13	600m: 6:31.77	1100m: 12:10.26	1600m: 17:50.78
	150m: 1:33.11	650m: 7:05.32	1150m: 12:44.58	1650m: 18:24.71
	200m: 2:05.68	700m: 7:39.23	1200m: 13:18.43	1700m: 18:58.81
	250m: 2:38.35	750m: 8:12.99	1250m: 13:52.13	1750m: 19:33.03
	300m: 3:11.76	800m: 8:46.95	1300m: 14:26.17	1800m: 20:07.25
	350m: 3:44.67	850m: 9:20.55	1350m: 14:59.96	1850m: 20:41.31
	400m: 4:17.98	900m: 9:54.13	1400m: 15:33.93	1900m: 21:15.40
	450m: 4:51.48	950m: 10:28.13	1450m: 16:08.19	1950m: 21:49.61
	500m: 5:24.93	1000m: 11:02.15	1500m: 16:42.44	2000m: 22:24.12
				2050m: 22:57.67
				2100m: 23:31.28
				2150m: 24:04.46
				2200m: 24:38.06
				2250m: 25:11.88
				2300m: 25:45.22
				2350m: 26:18.94
				2400m: 26:52.79
				2450m: 27:26.61
				2500m: 28:00.86
				2550m: 28:34.44
				2600m: 29:08.35
				2650m: 29:41.89
				2700m: 30:15.36
				2750m: 30:49.51
				2800m: 31:23.50
				2850m: 31:57.64
				2900m: 32:31.77
				2950m: 33:06.01
				3000m: 33:38.54

MADRID\_XI OPEN MADRID INV L.DISTANCIA\_ACTA 052  
M86\_MADRID, 19/1/2020

Prueba 3, Masc., 3000m Libre, 16 años y mayores

Clas.	Nombre	Año	Club	Marca
5.	SANTIAGO GUIJARRO, Álvaro	04	01203 - C.D. El Valle	<b>34:20.76</b>
	50m: 32.80	550m: 6:11.65	1050m: 11:54.75	1550m: 17:42.50
	100m: 1:05.97	600m: 6:45.82	1100m: 12:28.89	1600m: 18:17.20
	150m: 1:39.32	650m: 7:20.42	1150m: 13:03.68	1650m: 18:51.74
	200m: 2:13.10	700m: 7:54.72	1200m: 13:38.41	1700m: 19:26.18
	250m: 2:46.81	750m: 8:29.10	1250m: 14:13.39	1750m: 20:00.67
	300m: 3:20.59	800m: 9:03.46	1300m: 14:48.16	1800m: 20:35.32
	350m: 3:54.75	850m: 9:37.45	1350m: 15:23.15	1850m: 21:09.83
	400m: 4:28.99	900m: 10:12.02	1400m: 15:57.98	1900m: 21:44.42
	450m: 5:03.31	950m: 10:46.54	1450m: 16:32.75	1950m: 22:19.24
	500m: 5:37.43	1000m: 11:20.58	1500m: 17:07.58	2000m: 22:53.92
				2050m: 23:28.22
				2100m: 24:03.03
				2150m: 24:37.66
				2200m: 25:12.27
				2250m: 25:46.99
				2300m: 26:21.64
				2350m: 26:56.25
				2400m: 27:30.90
				2450m: 28:05.68
				2500m: 28:40.23
				2550m: 29:14.73
				2600m: 29:49.10
				2650m: 30:23.87
				2700m: 30:58.67
				2750m: 31:33.18
				2800m: 32:07.76
				2850m: 32:42.14
				2900m: 33:16.43
				2950m: 33:50.04
				3000m: 34:20.76
6.	OLOMBRA DA PEREZ, Alejandro	04	00827 - A.D. Rivas Natación	<b>35:10.14</b>
	50m: 34.11	550m: 6:28.19	1050m: 12:27.68	1550m: 18:25.77
	100m: 1:09.77	600m: 7:03.82	1100m: 13:03.30	1600m: 19:00.70
	150m: 1:45.93	650m: 7:39.42	1150m: 13:39.32	1650m: 19:35.94
	200m: 2:21.30	700m: 8:15.24	1200m: 14:15.19	1700m: 20:11.27
	250m: 2:56.43	750m: 8:51.21	1250m: 14:50.39	1750m: 20:46.30
	300m: 3:31.67	800m: 9:26.83	1300m: 15:26.35	1800m: 21:21.68
	350m: 4:07.06	850m: 10:02.64	1350m: 16:02.10	1850m: 21:57.02
	400m: 4:42.46	900m: 10:38.57	1400m: 16:38.20	1900m: 22:31.94
	450m: 5:17.46	950m: 11:14.35	1450m: 17:14.01	1950m: 23:06.89
	500m: 5:52.77	1000m: 11:51.31	1500m: 17:50.47	2000m: 23:41.41
				2050m: 24:16.58
				2100m: 24:49.52
				2150m: 25:22.32
				2200m: 25:57.21
				2250m: 26:31.62
				2300m: 27:06.24
				2350m: 27:40.51
				2400m: 28:15.78
				2450m: 28:51.56
				2500m: 29:26.46
				2550m: 30:01.84
				2600m: 30:36.75
				2650m: 31:11.57
				2700m: 31:45.96
				2750m: 32:20.16
				2800m: 32:54.74
				2850m: 33:28.90
				2900m: 34:03.63
				2950m: 34:37.66
				3000m: 35:10.14
7.	ESPINOSA CANO, Mario	93	P1200 - Safa Madrid	<b>35:50.38</b>
	50m: 32.24	550m: 6:27.71	1050m: 12:28.66	1550m: 18:28.76
	100m: 1:06.32	600m: 7:03.40	1100m: 13:04.54	1600m: 19:04.87
	150m: 1:41.62	650m: 7:39.52	1150m: 13:40.37	1650m: 19:40.90
	200m: 2:17.26	700m: 8:15.60	1200m: 14:16.47	1700m: 20:16.83
	250m: 2:52.72	750m: 8:51.54	1250m: 14:52.26	1750m: 20:52.68
	300m: 3:28.55	800m: 9:27.63	1300m: 15:28.30	1800m: 21:28.38
	350m: 4:04.41	850m: 10:03.84	1350m: 16:04.25	1850m: 22:04.39
	400m: 4:40.13	900m: 10:40.02	1400m: 16:40.32	1900m: 22:40.62
	450m: 5:16.14	950m: 11:16.19	1450m: 17:16.29	1950m: 23:16.49
	500m: 5:51.74	1000m: 11:52.49	1500m: 17:52.44	2000m: 23:52.80
				2050m: 24:28.67
				2100m: 25:05.09
				2150m: 25:41.63
				2200m: 26:17.76
				2250m: 26:54.05
				2300m: 27:30.39
				2350m: 28:06.74
				2400m: 28:42.68
				2450m: 29:19.01
				2500m: 29:55.15
				2550m: 30:31.32
				2600m: 31:07.90
				2650m: 31:44.21
				2700m: 32:20.68
				2750m: 32:56.62
				2800m: 33:32.30
				2850m: 34:08.03
				2900m: 34:43.36
				2950m: 35:18.44
				3000m: 35:50.38
8.	FERNANDEZ BLAZQUEZ, Victor	03	P1200 - Safa Madrid	<b>36:07.11</b>
	50m: 33.33	550m: 6:29.62	1050m: 12:30.26	1550m: 18:33.30
	100m: 1:08.18	600m: 7:05.89	1100m: 13:05.86	1600m: 19:09.45
	150m: 1:44.40	650m: 7:42.18	1150m: 13:41.86	1650m: 19:46.27
	200m: 2:19.71	700m: 8:18.76	1200m: 14:18.13	1700m: 20:23.10
	250m: 2:54.98	750m: 8:55.18	1250m: 14:54.65	1750m: 21:00.05
	300m: 3:30.77	800m: 9:30.82	1300m: 15:30.91	1800m: 21:37.04
	350m: 4:06.93	850m: 10:07.00	1350m: 16:07.35	1850m: 22:13.07
	400m: 4:42.55	900m: 10:43.45	1400m: 16:43.94	1900m: 22:49.70
	450m: 5:17.89	950m: 11:19.65	1450m: 17:20.31	1950m: 23:26.23
	500m: 5:53.85	1000m: 11:55.23	1500m: 17:56.85	2000m: 24:03.03
				2050m: 24:39.10
				2100m: 25:15.69
				2150m: 25:52.16
				2200m: 26:28.74
				2250m: 27:05.16
				2300m: 27:41.51
				2350m: 28:18.37
				2400m: 28:54.74
				2450m: 29:31.23
				2500m: 30:08.15
				2550m: 30:44.76
				2600m: 31:21.34
				2650m: 31:58.12
				2700m: 32:34.14
				2750m: 33:09.97
				2800m: 33:45.67
				2850m: 34:21.55
				2900m: 34:56.83
				2950m: 35:32.55
				3000m: 36:07.11

MADRID\_XI OPEN MADRID INV L.DISTANCIA\_ACTA 052  
M86\_MADRID, 19/1/2020

Prueba 3, Masc., 3000m Libre, 16 años y mayores

Clas.	Nombre	Año	Club	Marca		
9.	FONSECA CADIZ, Yamel	99	00636 - C.N. Alcobendas	<b>37:23.92</b>		
	50m: 33.78	550m: 6:37.56	1050m: 12:49.85	1550m: 19:10.02	2050m: 25:31.14	2550m: 31:47.07
	100m: 1:08.12	600m: 7:14.63	1100m: 13:27.98	1600m: 19:48.26	2100m: 26:08.64	2600m: 32:24.59
	150m: 1:43.64	650m: 7:51.42	1150m: 14:06.41	1650m: 20:26.24	2150m: 26:46.21	2650m: 33:01.74
	200m: 2:19.64	700m: 8:28.31	1200m: 14:44.23	1700m: 21:04.41	2200m: 27:23.86	2700m: 33:39.49
	250m: 2:55.85	750m: 9:05.84	1250m: 15:21.74	1750m: 21:42.30	2250m: 28:01.53	2750m: 34:17.28
	300m: 3:32.48	800m: 9:42.54	1300m: 16:00.32	1800m: 22:20.63	2300m: 28:39.08	2800m: 34:55.23
	350m: 4:09.16	850m: 10:19.47	1350m: 16:38.56	1850m: 22:59.20	2350m: 29:16.61	2850m: 35:32.79
	400m: 4:46.27	900m: 10:56.71	1400m: 17:16.29	1900m: 23:36.93	2400m: 29:54.21	2900m: 36:10.52
	450m: 5:23.37	950m: 11:34.52	1450m: 17:53.64	1950m: 24:15.24	2450m: 30:31.37	2950m: 36:48.66
	500m: 6:00.35	1000m: 12:12.32	1500m: 18:32.17	2000m: 24:53.45	2500m: 31:09.59	3000m: 37:23.92
10.	SENDRA GARCIA, Jaume	04	00636 - C.N. Alcobendas	<b>38:38.87</b>		
	50m: 34.63	550m: 7:01.03	1050m: 13:29.85	1550m: 20:01.81	2050m: 26:30.60	2550m: 32:59.66
	100m: 1:11.05	600m: 7:40.72	1100m: 14:09.10	1600m: 20:40.17	2100m: 27:08.73	2600m: 33:38.25
	150m: 1:49.29	650m: 8:19.34	1150m: 14:48.48	1650m: 21:19.50	2150m: 27:47.80	2650m: 34:17.01
	200m: 2:28.05	700m: 8:58.45	1200m: 15:27.56	1700m: 21:57.91	2200m: 28:26.72	2700m: 34:55.04
	250m: 3:06.79	750m: 9:37.68	1250m: 16:06.38	1750m: 22:36.84	2250m: 29:06.20	2750m: 35:32.68
	300m: 3:45.81	800m: 10:16.51	1300m: 16:45.37	1800m: 23:15.44	2300m: 29:45.22	2800m: 36:10.67
	350m: 4:24.38	850m: 10:55.62	1350m: 17:24.57	1850m: 23:53.89	2350m: 30:24.54	2850m: 36:48.60
	400m: 5:03.23	900m: 11:34.75	1400m: 18:03.24	1900m: 24:33.08	2400m: 31:03.44	2900m: 37:25.47
	450m: 5:42.26	950m: 12:12.65	1450m: 18:42.76	1950m: 25:12.23	2450m: 31:43.09	2950m: 38:02.47
	500m: 6:21.95	1000m: 12:50.90	1500m: 19:22.18	2000m: 25:51.29	2500m: 32:21.92	3000m: 38:38.87
11.	TRUJILLO MARIN, Daniel	04	00636 - C.N. Alcobendas	<b>39:06.95</b>		
	50m: 34.56	550m: 6:46.90	1050m: 13:17.94	1550m: 20:03.91	2050m: 26:52.66	2550m: 33:26.36
	100m: 1:09.98	600m: 7:25.62	1100m: 13:57.37	1600m: 20:44.46	2100m: 27:32.79	2600m: 34:05.33
	150m: 1:46.30	650m: 8:05.03	1150m: 14:37.62	1650m: 21:26.21	2150m: 28:13.24	2650m: 34:44.01
	200m: 2:22.71	700m: 8:43.34	1200m: 15:17.71	1700m: 22:07.50	2200m: 28:53.32	2700m: 35:22.55
	250m: 2:59.16	750m: 9:22.80	1250m: 15:58.22	1750m: 22:48.71	2250m: 29:33.54	2750m: 36:00.79
	300m: 3:36.67	800m: 10:02.84	1300m: 16:39.53	1800m: 23:30.06	2300m: 30:13.22	2800m: 36:36.44
	350m: 4:13.63	850m: 10:42.37	1350m: 17:20.77	1850m: 24:11.03	2350m: 30:53.11	2850m: 37:17.57
	400m: 4:51.42	900m: 11:20.62	1400m: 18:01.71	1900m: 24:51.84	2400m: 31:32.48	2900m: 37:54.23
	450m: 5:30.03	950m: 11:59.28	1450m: 18:42.37	1950m: 25:32.32	2450m: 32:10.29	2950m: 38:30.84
	500m: 6:08.30	1000m: 12:38.52	1500m: 19:22.79	2000m: 26:12.34	2500m: 32:47.98	3000m: 39:06.95

MADRID\_XI OPEN MADRID INV L.DISTANCIA\_ACTA 052  
M86\_MADRID, 19/1/2020

Prueba 4  
19/01/2020

Fem., 3000m Libre

16 años y mayores  
Resultados

Clas.	Nombre	Año	Club	Marca
1.	SANCHEZ LORA, Candela	03	P1202 - C.D. Gredos San Diego	<b>34:23.35</b>
	50m: 32.98	550m: 6:11.59	1050m: 11:55.46	1550m: 17:42.59
	100m: 1:06.16	600m: 6:45.80	1100m: 12:29.73	1600m: 18:17.13
	150m: 1:39.92	650m: 7:20.36	1150m: 13:04.42	1650m: 18:51.98
	200m: 2:13.66	700m: 7:54.76	1200m: 13:38.97	1700m: 19:26.37
	250m: 2:47.11	750m: 8:29.19	1250m: 14:13.78	1750m: 20:01.13
	300m: 3:20.98	800m: 9:03.56	1300m: 14:48.27	1800m: 20:35.63
	350m: 3:54.97	850m: 9:37.75	1350m: 15:23.15	1850m: 21:10.16
	400m: 4:29.04	900m: 10:12.31	1400m: 15:58.15	1900m: 21:44.66
	450m: 5:03.33	950m: 10:46.77	1450m: 16:32.77	1950m: 22:19.43
	500m: 5:37.66	1000m: 11:21.21	1500m: 17:07.77	2000m: 22:54.72
				2050m: 23:28.68
				2100m: 24:03.09
				2150m: 24:37.64
				2200m: 25:12.38
				2250m: 25:46.98
				2300m: 26:21.74
				2350m: 26:56.52
				2400m: 27:31.09
				2450m: 28:06.12
				2500m: 28:40.65
				2550m: 29:14.84
				2600m: 29:49.37
				2650m: 30:24.28
				2700m: 30:59.01
				2750m: 31:33.78
				2800m: 32:08.24
				2850m: 32:42.41
				2900m: 33:16.72
				2950m: 33:50.21
				3000m: 34:23.35
2.	CAMACHO GONZÁLEZ, Claudia	02	P1202 - C.D. Gredos San Diego	<b>36:06.00</b>
	50m: 33.94	550m: 6:31.56	1050m: 12:32.27	1550m: 18:34.33
	100m: 1:09.26	600m: 7:07.55	1100m: 13:08.20	1600m: 19:10.29
	150m: 1:44.57	650m: 7:43.82	1150m: 13:44.52	1650m: 19:46.26
	200m: 2:20.24	700m: 8:20.03	1200m: 14:20.88	1700m: 20:23.23
	250m: 2:55.97	750m: 8:56.25	1250m: 14:57.04	1750m: 20:59.96
	300m: 3:31.60	800m: 9:32.24	1300m: 15:33.08	1800m: 21:36.64
	350m: 4:07.90	850m: 10:08.21	1350m: 16:09.71	1850m: 22:13.04
	400m: 4:43.72	900m: 10:44.27	1400m: 16:45.75	1900m: 22:49.61
	450m: 5:19.70	950m: 11:20.38	1450m: 17:22.15	1950m: 23:26.34
	500m: 5:55.62	1000m: 11:56.47	1500m: 17:58.03	2000m: 24:02.97
				2050m: 24:39.34
				2100m: 25:15.53
				2150m: 25:51.97
				2200m: 26:28.27
				2250m: 27:04.82
				2300m: 27:41.42
				2350m: 28:18.01
				2400m: 28:54.59
				2450m: 29:30.98
				2500m: 30:07.77
				2550m: 30:44.54
				2600m: 31:21.03
				2650m: 31:57.13
				2700m: 32:33.47
				2750m: 33:09.18
				2800m: 33:45.19
				2850m: 34:21.40
				2900m: 34:57.07
				2950m: 35:32.41
				3000m: 36:06.00
3.	BEESMANS BARQUERO, Marta	03	P1202 - C.D. Gredos San Diego	<b>36:32.69</b>
	50m: 33.46	550m: 6:29.19	1050m: 12:33.19	1550m: 18:40.54
	100m: 1:07.66	600m: 7:05.71	1100m: 13:10.27	1600m: 19:17.23
	150m: 1:43.21	650m: 7:41.96	1150m: 13:46.78	1650m: 19:53.96
	200m: 2:18.61	700m: 8:18.12	1200m: 14:23.36	1700m: 20:31.06
	250m: 2:54.65	750m: 8:54.51	1250m: 15:00.15	1750m: 21:08.39
	300m: 3:30.34	800m: 9:30.51	1300m: 15:36.96	1800m: 21:45.71
	350m: 4:06.03	850m: 10:07.05	1350m: 16:13.54	1850m: 22:23.02
	400m: 4:42.00	900m: 10:43.47	1400m: 16:50.70	1900m: 23:00.47
	450m: 5:17.60	950m: 11:19.95	1450m: 17:27.69	1950m: 23:37.29
	500m: 5:53.23	1000m: 11:56.41	1500m: 18:04.33	2000m: 24:14.58
				2050m: 24:52.23
				2100m: 25:29.49
				2150m: 26:06.68
				2200m: 26:44.07
				2250m: 27:21.39
				2300m: 27:58.32
				2350m: 28:35.06
				2400m: 29:12.04
				2450m: 29:49.29
				2500m: 30:25.79
				2550m: 31:02.92
				2600m: 31:40.08
				2650m: 32:17.00
				2700m: 32:53.83
				2750m: 33:30.48
				2800m: 34:07.47
				2850m: 34:44.39
				2900m: 35:20.82
				2950m: 35:57.11
				3000m: 36:32.69
4.	BERBEL MERINO, Paula	03	P1202 - C.D. Gredos San Diego	<b>38:00.81</b>
	50m: 34.14	550m: 6:42.91	1050m: 12:57.47	1550m: 19:20.88
	100m: 1:09.55	600m: 7:20.13	1100m: 13:35.21	1600m: 20:00.07
	150m: 1:46.45	650m: 7:57.30	1150m: 14:13.08	1650m: 20:38.50
	200m: 2:23.58	700m: 8:34.76	1200m: 14:51.25	1700m: 21:17.07
	250m: 3:00.56	750m: 9:12.06	1250m: 15:29.20	1750m: 21:55.61
	300m: 3:37.56	800m: 9:49.30	1300m: 16:07.77	1800m: 22:34.55
	350m: 4:14.57	850m: 10:26.77	1350m: 16:46.68	1850m: 23:13.04
	400m: 4:51.48	900m: 11:04.32	1400m: 17:25.11	1900m: 23:51.74
	450m: 5:28.57	950m: 11:41.86	1450m: 18:03.84	1950m: 24:30.84
	500m: 6:05.63	1000m: 12:19.83	1500m: 18:42.28	2000m: 25:09.66
				2050m: 25:48.31
				2100m: 26:27.25
				2150m: 27:06.15
				2200m: 27:45.11
				2250m: 28:24.16
				2300m: 29:02.96
				2350m: 29:41.86
				2400m: 30:20.57
				2450m: 30:59.30
				2500m: 31:38.58
				2550m: 32:17.13
				2600m: 32:55.22
				2650m: 33:33.65
				2700m: 34:12.36
				2750m: 34:51.02
				2800m: 35:29.31
				2850m: 36:07.57
				2900m: 36:46.14
				2950m: 37:24.52
				3000m: 38:00.81



MADRID\_XI OPEN MADRID INV L.DISTANCIA\_ACTA 052  
M86\_MADRID, 19/1/2020

Prueba 4, Fem., 3000m Libre, 16 años y mayores

Clas.	Nombre	Año	Club	Marca		
5.	AGÜERO MONTERO, Lucia	04	00426 - C.N. Mirasierra	<b>39:14.43</b>		
	50m: 34.51	550m: 6:58.78	1050m: 13:28.42	1550m: 20:03.12	2050m: 26:43.45	2550m: 33:23.79
	100m: 1:11.51	600m: 7:37.16	1100m: 14:07.78	1600m: 20:42.77	2100m: 27:23.33	2600m: 34:03.07
	150m: 1:49.94	650m: 8:16.27	1150m: 14:46.87	1650m: 21:22.75	2150m: 28:03.43	2650m: 34:42.82
	200m: 2:28.78	700m: 8:55.16	1200m: 15:26.10	1700m: 22:02.43	2200m: 28:43.50	2700m: 35:22.46
	250m: 3:07.25	750m: 9:34.23	1250m: 16:06.09	1750m: 22:42.98	2250m: 29:23.79	2750m: 36:02.09
	300m: 3:45.67	800m: 10:13.05	1300m: 16:45.28	1800m: 23:23.15	2300m: 30:03.78	2800m: 36:41.35
	350m: 4:24.16	850m: 10:52.00	1350m: 17:24.77	1850m: 24:03.79	2350m: 30:43.58	2850m: 37:19.68
	400m: 5:02.55	900m: 11:31.09	1400m: 18:04.36	1900m: 24:43.80	2400m: 31:23.69	2900m: 37:58.61
	450m: 5:41.13	950m: 12:09.89	1450m: 18:43.74	1950m: 25:23.76	2450m: 32:04.03	2950m: 38:38.13
	500m: 6:19.86	1000m: 12:49.37	1500m: 19:23.12	2000m: 26:03.48	2500m: 32:43.98	3000m: 39:14.43
BAJA	TEJERO DOMINGUEZ, Marta	04	P1202 - C.D. Gredos San Diego			
BAJA	LOPEZ CALZADILLA, Laura	04	P1202 - C.D. Gredos San Diego			